

Bridgewater State University Dance Team
Virtual Tryouts



What We Need:

- ✓ Application
- ✓ Video
- ✓ \$20 Audition Fee

All checklist items must be submitted by July 12th, 2020.

- Application and video requirements will be released on June 8th, 2020.
- Video part two choreography will be released on July 11th, 2020.
- Audition fee can be paid privately via Venmo to: @alyshaelie
OR mailed to:
Erica Adams
325 Plymouth St.
Bridgewater, Ma 02325
 - Checks should be made payable to BSU Dance Team
 - Memo on check/Venmo: Audition Fee – First & last name (ex: Audition Fee – Alysha Elie)
- Completed applications and videos can be emailed to aelie@bridgew.edu
 - If possible, send from your BSU email address
 - Email Subject: BSU DT Audition - First & last name (ex: BSU DT Audition – Alysha Elie)
 - Audition checklist items/ video parts can be sent separately if needed!
 - It is recommended that you send in your video as a Google Drive or unlisted YouTube link.
- Once all checklist items are received, we will email you to schedule a Zoom interview for the week of July 13th, 2020
 - If you do not receive this email by the end of the day on July 13th, please contact us to confirm that we received your checklist items.
- Emails regarding our decision will be sent by the end of the day on July 19th, 2020.

Bridgewater State University Dance Team Audition Video Requirements



Video Dress Code:

- *Black shorts*
- *Solid colored, tight fitting tank top or sports bra*
- *Hair pulled back*
- *No jewelry (earrings are fine)*
- *Half-sole turning shoes recommended*

Video Part One:

- Brief introduction of yourself
- 10 pushups (side view)
- 20 second forearm plank into 20 seconds elevators into 20 second straight arm plank (side view)
- 20 squats into calf raises – hold last calf raise for 20 seconds
- Right and left splits held for 30 seconds each (side view)
- Middle split held for 30 seconds (front view)
- Battement combo: step kick front x2, step kick side, step toe to head on relevé (2 times through on both sides)
- Right and left side leaps
- Center leap (right and left)
- Calypso with chaine preparation (right and left)
- Toe touch
- Pas de bourrée pirouette prep into passé relevé hold (right and left)
- Pas de bourrée pirouette prep into double pirouette (right and left)
- Pas de bourrée pirouette prep into triple pirouette (right)
- 4 turns in second into a double pirouette into 2 more turns in second (right side)
- 4 counts of 8 – jazz combination that includes at least 1 turn/ turn combo, 1 leap/ jump, 1 kick/leg extension, and jazz choreography
- Any other skills you would like to show (aerials, headsprings, tumbling, walkovers, specialty jumps/leg extensions/turns ie: changing spots, floats, left side etc., 4+ pirouettes, etc.)

Video Part Two:

- A video of yourself performing the contemporary combination to be released on July 11th

Bridgewater State University Dance Team Application

Name:
Year:
Age:
Major(s):



Contact Information

Phone Number:
Email Address:

Please list any other organizations/ extra-curricular activities you are involved in on or off campus.

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List your other obligations during the week (i.e. jobs, volunteering, etc.)

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How long have you been dancing? What styles/techniques? Where/What studio?

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Please list any other dance experience, special awards, workshops, etc.

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Any history of dance related injuries? Any other conditions that could affect your dancing?

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Will you be available to practice over winter break and over spring break in March?

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Are you willing to perform at most/all football & basketball games?

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Tell us more about yourself. List anything you want us to know or think we should know about you!

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