



**Bridgewater State University**  
Physical Exam/Medical Evaluation Form (2013)

Phone: (508)531-2044 Fax: (508)531-1447

Student Athlete's name: Student Athlete \*Date of Exam: 6-14-23

D.O.B.: 01/01/2000 (The exam must be within 6 months of student athletes first practice)

Confirmation of Sickle Cell Trait status is required by NCAA for all incoming student athletes as of August 2022. Please see the attached Sickle Cell Verification form for information and indicate this student athlete's sickle cell trait status here and on the verification form:

Positive  Negative Date of Test: 6-14-23

Height: 6' Weight: 180 BP: 120/80 HR: 62 Lungs: B/L CTA: \_\_\_\_\_ Heart: RRR w/out m: \_\_\_\_\_  
Illness or injury within past year and/or a significant history of concussions?  Yes  No If yes please explain: \_\_\_\_\_

Physical Examination:	Normal:	Abnormal:	Describe abnormalities/conditions:
1. Skin/Lymph nodes:	↑ ↓		* Make sure your physical has these 3 requirements.
2. Head/Neck/Thyroid:			
3. Eyes:			
4. Ears/Hearing:			
5. Nose/Sinuses/Throat:			
6. Mouth/Teeth/Gingiva:			
7. Lungs/Chest:			
8. Heart/Cardiovascular:			
9. Abdomen:			
10. Genitalia/Hernia:			
11. Neurological:			
12. Musculoskeletal:			
a. Spine			
b. Shoulder			
c. Elbow			
d. Wrist/Hand			
e. Hip/Pelvis/thigh			
f. Knee			
g. Ankle/leg			
h. foot			

Is the individual currently under treatment for any medical or emotional condition\*?  Yes  No  
If yes, please specify: \_\_\_\_\_

\*Diagnostic documentation is required if a student is taking a medication that is an NCAA banned substance (ie. Ritalin)

\***Recommendations for Physical Activity in competitive sports:**  **NO Restrictions**  
(One of these options must be checked)  **Restrictions**

If restricted, please specify specific limitations and/or requirements to obtain unrestricted participation: \_\_\_\_\_

\*Health Care Providers signature [Signature] Date: 6-14-22

*Health Care Providers printed name:	<u>J. Doctor</u>
Phone number:	<u>555-555-5555</u>
Practice name/Address:	<u>3 Center St Bridgewater, MA</u>

**ALL INFORMATION PROVIDED IS CONFIDENTIAL.**